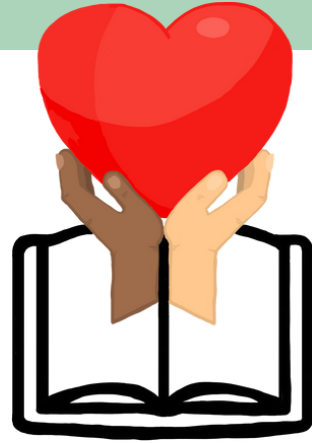


Health Fluency Project

Supporting the health of non-native English speakers in Boston and Beyond

Welcome!

The Health Fluency Project is a student-led initiative that aims to improve health literacy and communication in non-native English speaking communities in Boston and beyond. This newsletter is to keep you up to date with our mission!



Some Thoughts...

The Health Fluency Project, like all initiatives, started as a conversation. As most of you may know, we were close friends, even roommates, in college much before the idea of HFP was created. It was only through table-side conversations about our lives, our communities, and our drive to try to make some kind of difference in the communities that made us who we are, that led to the creation of HFP. They empowered our efforts to try to give back to our community and ensure the language-barrier we both saw first-hand in our own households doesn't distance health care from those who need it most.

With this being said, we strongly believe the best way to approach such a complex, multi-faceted issue is through empowering youth leadership, encouraging their efforts to make a difference in their communities. Engaging closely with community members and building trust allows the initiative to be led by the communities' needs rather than the other way around. That's why HFP has made it its mission to empower youth leadership in this fight for health access and literacy, something we, as well as so many in the country, hold close to our hearts. Like so many of you have done for us, we want to be the force for empowerment—a voice—for those like us.



Improving Access

- HFP has expanded to new locations!
- Introducing new workshops in **San Jose, CA** and **Cleveland, OH** in the fall!
- Workshops at past sites as well as new ones in the Boston area are to be kickstarted once again!

Recent Advancements

- To date, we have reached over 3,300 people across more than 50 countries!
- Working closely with multiple communities throughout the country for new initiatives and projects
 - Onboarding initiatives underway for more project leads, youth leaders throughout the country dedicated to making a difference in their own communities.
- Advocacy
 - HFP has been accepted to present at the National Research Conference at UPenn in October!

Upcoming Projects

- Finalizing recruitment and partner sites/chapters
 - More project lead applications being reviewed and proposals being made
- More Infographics/Handouts underway!
- Development of individual health literacy workshop assessment tools.
- Establishing 501(c)(3) status—paperwork filed

thank you for tuning in!

we'll catch you next time.

— the health fluency project

